

TECATE 2023 PACKING LIST

March 25-April 2, 2023

MANDATORY:

VALID PASSPORT

Notarized Consent form (for minors traveling without their parents-combined with medical POA)

Notarized Medical release form/Power of Attorney (for everyone)

Any pertinent medical insurance card and information/instructions

DO NOT PACK THESE ITEMS! ALL THESE MUST BE TURNED OVER TO STEVE REINKE BEFORE WE LEAVE ON THE TRIP-IF YOU DON'T HAVE ONE, YOU DON'T GO.

PACKING:

One small suitcase or medium duffel bag per person-space is very limited.

One backpack per person to take on the van (may include your pillow)

General:

Bible

Notebook

Pencil/pen

Spending money (All meals are provided, but snacks and shopping money is not) Bring small bills about \$50 -\$75. Bring more to buy gifts for donors or less if you don't plan on buying snacks on the trip.

Clothing:

2-3 changes of work clothes (jeans, T-shirts or work shirts-no inappropriate logos, please!)

Warm coat

Lightweight coat/jacket

Lightweight rain gear

10 sets underwear

1 pair old work shoes, boots or sturdy tennis shoes (these will get messed up)

Warm pajamas/sweat pants/ long johns (it can get chilly at night)

Swimming suit (indoor pools at the hotel)

Toiletries:

1 towel and washcloth

Soap

Hair brush/comb

Toothbrush and toothpaste

Shampoo

Bedding:

Warm sleeping bag

Pillow

Miscellaneous:

Flashlight

Large water bottle

SUN SCREEN (trust us)

Spanish/English dictionary (optional)

Hammer (optional, if you prefer your own)

1 pair work gloves and protective eye ware (optional, but suggested)

Camera (optional)

My Personal Inventory

Item	going to	coming from	Notes
Jeans (___ # of pairs)			
Shirts (___ #)			
Socks (___ #)			
Underwear (___ #)			
Shoes (___ # of pairs)			
Swimsuit			
Pajamas			
Towel and washcloth			
Toothbrush and toothpaste			
Hairbrush and comb			
Deodorant			
Shampoo/conditioner			
Soap			
Other personals			
Sleeping bag and pillow			
Flashlight			
Hammer			
Work gloves			
Protective eye ware			
Paintbrush			
Rain gear			
Sweatshirt/jacket			
Bible and notebook			
Camera			
Other:			